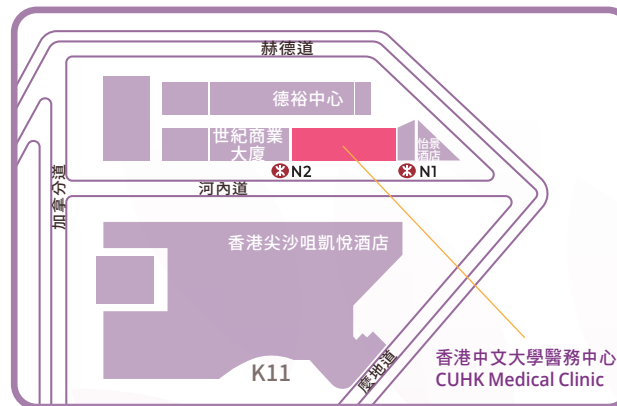


「Health Plus」自選檢查項目 Health Plus Check-up Scheme

關於香港中文大學醫務中心 CUHK Medical Clinic

香港中文大學醫務中心是香港中文大學醫院（中大醫院）轄下的專科門診醫療中心，為病人提供一系列的醫療服務。我們的醫療人員及專科醫生秉持中大醫院的核心價值和追求卓越的目標，致力為病人提供優質和貼心的服務，以照顧病人的需要。

The CUHK Medical Clinic, as a specialist clinic of the CUHK Medical Centre (CUHKMC), provides a broad range of medical services to patients. Our team of clinicians and specialists, upholding the core values of CUHKMC and an aim to pursue excellence, is dedicated to providing patients with high quality and personalised services to address patients' needs.



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環保紙印刷

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CUHKMC/CLWELLNESSWOMEN/2020/9



全康女士 健康檢查計劃

WomenCare Health Check Programme

康健人生 由您自主
Live healthily by choice

- 醫生專業健康評估
Professional health assessment
- 度身設計靈活組合
Customisable and Fit-For-You
- 全方位照顧女士健康
Holistic care approach



香港中文大學醫務中心
CUHK
Medical Clinic

「Health Plus」自選檢查項目 Health Plus Check-up Scheme opt-in items			
適用於W1 - W3所有檢查計劃 Applicable to Plan W1 - W3			
檢驗範疇 Investigation Categories	檢查項目 Investigation Items	檢查目標 Objective of Investigation	收費 Fee (HKD)
乳房健康 Breasts	3D 乳房X光造影 3D Mammogram	高解析度判斷乳房組織的結構 Reveal the structure of breast tissues with high resolution 3D images	\$3,400
*只適用於W1檢查計劃 Applicable to Plan W1 only			
子宮頸健康 Cervix	子宮頸細胞抹片檢查 Pap Smear	可驗出子宮頸癌細胞變異 Test for Cervical Cancer	\$450
胃部健康 Stomach	幽門螺旋菌吹氣測試 C-Urea Breath Test	診斷胃部有否感染幽門螺旋菌 Test for Helicobacter Pylori Infection	\$750
腸道健康 Intestinal Tract	大便隱血測試 Fecal Occult Blood Test (FOBT)	用於大腸癌篩查 Colorectal Cancer Risk Screening	\$180
骨質健康 Bone	X光骨質密度測試 - 脊椎及髖部 Bone Density Test (DEXA) - Spine & Hips	量度骨質密度，評估骨質疏鬆的風險 Measure bone mineral density for a diagnosis of osteoporosis	\$950
癌症風險評估 Cancer Risk Assessment	甲種胚胎蛋白 Alpha Fetoprotein (AFP)	有助檢查是否患上肝炎或肝癌 Hepatitis or Liver Cancer Risk Assessment	\$330
	癌抗原指數-125 Cancer Antigen-125	探測卵巢癌的可能性 Ovarian Cancer Risk Assessment	\$480
	癌胚胎抗原 Carcinoembryonic Antigen (CEA)	探測大腸癌的可能性 Colorectal Cancer Risk Assessment	\$420
	艾巴氏病毒脫氧核糖核酸 EBV DNA	探測鼻咽癌的可能性 Nasopharyngeal Carcinoma (NPC) Risk Assessment	\$680
傳染性疾病檢測組合 Communicable Diseases Screening Combo	總甲型肝炎抗體 Hep A Antibody (IgG)	檢查體內是否已帶有甲型肝炎抗體 Test for Hepatitis A Antibody	\$580
	乙型肝炎表面抗原 HBsAg	檢查體內是否已帶有乙型肝炎抗原 Test for Hepatitis B Virus Antigen	
	乙型肝炎表面抗體 HBsAb	檢查身體是否已帶有乙型肝炎抗體 Test for Hepatitis B Antibody	

「Health Plus」自選檢查項目將不定期更新，詳情可瀏覽本診所網頁或向本診所的服務人員查詢。
Health Plus Check-up items will be updated from time to time.
For details, please visit our clinic's website or contact our clinic's service team.

全康女士健康檢查計劃 WomenCare Health Check Programme

本中心根據女士的健康需要而特設基本、全健及頤健三項檢查計劃，並會透過與醫生會面，了解您的家族病史、健康需要等狀況，再為您建議最合適的檢查計劃和「Health Plus」自選檢查項目。

We offer 3 health check plans: Basic Plan, Advanced Plan and Premium Plan, our medical team, based on an analysis of your family medical history, will propose a suitable check-up plan to augment the elementary health check plan with opt-in items.

全康計劃流程 The Care Flow



1 評估健康風險
Assessment of health risks

2 制定檢查計劃
Formulate check-up plan



3 檢查及報告分析
Health check and report analysis

計劃特點 Programme Features

- ◆ 掌握健康需要
Understand your health needs
- ◆ 了解檢查項目
Be clear about the check-up items
- ◆ 善用醫療開支
Optimise your health spending

健康檢查計劃內容和收費 Plan Details and Fee

檢查項目 Investigation Items		W1 基本檢查計劃 Basic Plan	W2 全健檢查計劃 Advanced Plan	W3 頤健檢查計劃 Premium Plan	
包括檢查前、後共兩次的醫生會面 Including Pre- & Post-Consultation					
體格檢驗 ✓ 血壓、身高、體重、 體重指標 (BMI)、腰圍	Physical Examination Blood Pressure, Height, Body Weight, Body Mass Index (BMI), Waistline	✓	✓	✓	
血液檢測 ✓ 血型及Rh因子 ✓ 全血計數 • 血色素、白血球、血小板 ✓ 炎症·血沉降率檢查	Blood Analysis Blood Grouping & Rh Factor Complete Blood Count • Hemoglobin, White Blood Cell, Platelet Inflammation · ESR	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	
冠心病風險 ✓ 全血脂分析 • 總膽固醇 • 高密度膽固醇、低密度膽固醇 • 非常低密度膽固醇 • 三酸甘油酯 • 高敏感丙種反應蛋白 • 同型半胱氨酸	Coronary Artery Disease Risk Assessment Lipid Profile • Total Cholesterol • High-density Lipoprotein & Low-density Lipoprotein • Very Low-density Lipoprotein • Triglycerides • High Sensitivity-CRP • Homocysteine (HCY)	✓ ✓ ✓ ✓ - -	✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓	
糖尿病評估 • 空腹血糖 • 糖化血色素	Diabetes Assessment • Fasting Blood Sugar • HbA1c	✓ -	✓ ✓	✓ ✓	
骨質、肝功能檢驗 • 總蛋白、白蛋白、球蛋白 • 谷丙轉氨酶 • 丙種谷氨酰轉肽酶 • 鹼性磷酸酶 • 谷草轉氨酶 • 總膽紅素 • 鈣、磷 • 維生素D	Bone, Liver Function Test • Total Protein, Albumin, Globulin • ALT • Gamma GT • Alkaline Phosphatase • AST • Total Bilirubin • Calcium, Phosphorus • Vitamin D	✓ ✓ ✓ ✓ ✓ ✓ ✓ -	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	
腎功能檢驗 • 尿素、肌酸酐 • 鈉、鉀、氯化物	Renal Function Test • Urea, Creatinine • Sodium, Potassium, Chlorides	✓ -	✓ ✓	✓ ✓	
痛風檢驗 尿酸	Gout Screening Uric Acid	✓	✓	✓	
甲狀腺功能測試 促甲狀腺激素	Thyroid Function Test TSH	✓	✓	✓	
小便或大便常規檢驗 • 小便 — 尿液常規檢驗 • 大便 — 糞便常規檢驗	Urinalysis or Stool Routine • Urine Routine • Stool Routine	✓ -	✓ ✓	✓ ✓	
心臟健康 靜態心電圖	Heart Assessment Resting ECG	✓	✓	✓	
肺部健康評估 肺部X光檢查	Lungs assessment Chest X-Ray	-	✓	✓	
乳房健康評估 ✓ 乳房超聲波 ✓ 2D乳房X光造影	Breasts Assessment Ultrasound Breasts 2D Mammogram	- -	✓ ✓ (1)	✓ ✓ (1)	
超聲波檢查 ✓ 全腹超聲波 (上腹部+盆腔)	Ultrasound Ultrasound Whole Abdomen (Upper Abdomen & Pelvis)	-	-	✓	
大腸癌風險評估 ✓ 大便隱血測試	Colorectal Cancer Risk Assessment Fecal Occult Blood Test (FOBT)	-	-	✓	
		收費 Fee (HKD)	\$1,950	\$5,220	\$7,020

(1) 可以港幣\$1,050提升至3D乳房X光造影
Could change to 3D Mammogram at a cost of HKD\$1,050